	BE VIBRANT. BE YOU.				Solstice Senior Living at Clovis		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
SOLSTICE SENIOR LIVING	2100 Fowler Ave Clovis, CA 93611 559-346-1422	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions]  SOCKTOBER KICK OFF! Donation Box in Activity Room!  9:30 ❤ Walking Club [OF] 10:00 ❤ Stretch & Balance Video [AR] 11:00 ❤ Mobility Safety Clinic & Walker Tune-up [AR] 12:00 ❤ Who am !? Clues # 1 [AR] 1:45 ❤ Shopping in Clovis 1:45 PM [BUS] 2:00 ❤ Bean Bag Baseball [RO] 3:00 ❤ Raffle Bingo [AR] 5:00 ❤ Cranium Crunches [AR] 7:00 ❤ Mexican Train [BR] 7:00 ❤ Solstice Cinemas [CL]	9:45 Freddy's Store, Farmers Market & Out to Lunch at The Habit [BUS]  10:00 Habit [BUS]  10:00 Chair Exercise Program [AR]  10:00 Knitting & Crochet Group [BR]  12:00 Who am I? Clue # 2 [AR]  2:00 Mi Bowling [RO]  3:00 Magazine Collage [AR]  4:00 Resident Social Hour [AR]  5:00 Unscramble the Words [Puzzle] [AR]  7:00 Rummikub [BR]  7:00 Wacky Wednesday Movie Night [CL]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions] 8:45 ★ Catholic Communion [CH] 9:30 ❖ Walking Club [OF] 10:00 ► Horse Races [RO] 12:00 ★ Music by Bob Brown [DR] 1:45 ◆ Shopping in Clovis 1:45 PM [BUS] 2:00 ◆ Resident & Director Meeting [Manager, Chef, Activities, Office & Maintenance] [AR] 3:00 ❖ Left, Center, Right [AR] 5:00 ► Word Builder [AR] 6:55 ★ Bingo [AR]	9:30 Tai Chi with David [AR] 11:00 Yahtzee with Sara [AR] 12:15 Who am I? Answer! [DR] 2:15 Emoji Bingo [AR] 3:00 Lets Play Some Pool [BR] 5:00 Solstice Crossword [AR] 6:30 Card Games Resident Choice [AR] 7:00 Mexican Train [BR] 7:00 Movie & Popcorn [CL]	Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30 Walk & Talk [OF]  11:45 Candy Bingo [BR]  12:00 Turn in WordBuilder [AR]  12:15 Brain Teasers [DR]  2:00 Frarkel [BR]  3:00 Gold Key Club Social [AR]  4:00 Resident Social Hour [AR]  5:00 Saturday's Word Puzzle [AR]  6:55 Bingo [AR]	
Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30 ♥ Walk and Talk [OF]  11:00 ★ Worship [CH]  12:15 ♥ Sunday Brain Puzzle [DR]  2:00 ♠ La Loteria "Spanish Bingo" [AR]  2:00 ▶ Rummikub [CL]  3:00 ▶ Wii Bowling [RO]  5:00 ♥ Fill in the Blank Word Puzzle [AR]  7:00 ▶ Sunday Movie Night [CL]	9:15 Senior Day at The Big Fresno Fair [BUS]  10:00 Strength Exercise Program  11:00 ★ Color Creations [AR]  11:30 Annie's Treasure Store [RO]  11:30 Blood Pressure Clinic [AR]  2:00 Let's Give it a Whirl - Cooking [AR]  2:00 Penny Poker [BR]  3:15 3x Blackout Bingo [AR]  5:00 Solstice Senior Sudoku - \$100 Cool Cash when completed - [AR]  6:45 Yahtzee [AR]  7:00 Rummikub [BR]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions] 9:30 ♥ Walking Club [OF] 10:00 ♥ Stretch & Balance with Sara [AR] 11:30 ♥ Solstice Health Club [AR] 12:00 ₱ Who am !? Clues # 1 [AR] 1:45 ● Shopping in Clovis 1:45 PM [BUS] 2:00 ♥ Bean Bag Baseball [RO] 3:00 ♥ Raffle Bingo [AR] 5:00 ♥ Cranium Crunches [AR] 7:00 ₱ Mexican Train [BR] 7:00 ♥ Solstice Cinemas [CL]	10:00 ★ Bible Study [CH] 10:00 ❤ Chair Exercise Program [AR] 10:00 ❤ Knitting & Crochet Group [BR] 10:30 ❤ Table Mountain Casino [BUS] 12:00 ❤ Who am I? Clue # 2 [AR] 2:00 ❤ Wii Bowling [RO] 4:00 ❤ Resident Social Hour [AR] 5:00 ❤ Unscramble the Words [Puzzle] [AR] 7:00 ❤ Rummikub [BR] 7:00 ❤ Wacky Wednesday Movie Night [CL]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sar for any Questions] 8:45 ★ Catholic Communion [CH] 9:30 ❤ Walking Club [OF] 10:00 ➡ Horse Races [RO] 12:00 ❤ Music by Bob Brown [DR] 1:45 ♠ Shopping in Clovis 1:45 PM [BUS] 2:00 ❤ Left, Center, Right [AR] 3:00 ➡ Phase 10 with Sara [BR] 5:00 ➡ Word Builder [AR] 6:55 ❤ Bingo [AR]	9:30	Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30 Walk & Talk [OF]  11:45 Candy Bingo [AR]  12:00 Turn in WordBuilder [AR]  12:15 Parin Teasers [DR]  2:00 Farkel [AR]  3:00 Cell Phone Q&A with Sara [AR]  4:00 Resident Social Hour [AR]  5:00 Saturday's Word Puzzle [AR]  6:55 Bingo [AR]	
Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30 ♥ Walk and Talk [OF]  11:00 ★ Worship [CH]  12:15 ♥ Sunday Brain Puzzle [DR]  2:00 ⑤ La Loteria "Spanish Bingo" [AR]  2:00 ₱ Rummikub [CL]  3:00 ₱ Wii Bowling [RO]  5:00 ♥ Finish the Song [AR]  7:00 ₱ Mexican Train [BR]  7:00 ♥ Sunday Movie Night [CL]	Columbus Day  10:00 Strength Exercise Program  11:00 Color Creations [AR]  2:00 Entertainment by Mathew Embry [RO]  2:00 Penny Poker [BR]  3:15 3X Blackout Bingo [AR]  5:00 Solstice Senior Sudoku - \$100 Cool Cash when completed - [AR]  6:45 Pahtzee [AR]  7:00 Rummikub [BR]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions] 9:00	10:00 ★ Bible Study [CH] 10:00 ❤ Chair Exercise Program [AR] 10:00 ♠ Knitting & Crochet Group [BR] 11:30 ♠ Out to Lunch Seven Bar and Grill [BUS] 12:00 ₱ Who am I? Clue # 2 [AR] 2:00 ★ Magazine Collage [AR] 4:00 ★ Resident Social Hour [AR] 5:00 ₱ Unscramble the Words [Puzzle] [AR] 7:00 ₱ Rummikub [BR] 7:00 ₩ Wacky Wednesday Movie Night [CL]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions] 8:45 ★ Catholic Communion [CH] 9:30 ❤ Walking Club [OF] 10:00 ❤ Mousic By Bob Brown [DR] 1:45 ❤ Shopping in Clovis 1:45 PM [BUS] 2:00 ❤ Left, Center, Right [AR] 3:00 ★ Pumpkin Coloring [AR] 5:00 ❤ Word Builder [AR] 6:55 ❤ Bingo [AR]	9:30 Tai Chi with David [AR] 11:00 Yahtzee with Sara [AR] 12:15 Who am I? Answer! [DR] 2:30 Ambassador Club Meeting [AR] 3:00 Lets Play Some Pool [BR] 4:00 Happy Hour [BR] 5:00 Solstice Crossword [AR] 6:30 Card Games Resident Choice [AR] 7:00 Mexican Train [BR] 7:00 Movie & Popcorn [CL]	Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30 Walk & Talk [OF]  10:00 Coffee and Donuts with Sara [AR]  11:45 Candy Bingo [AR]  12:00 Turn in WordBuilder [AR]  12:15 Enrin Teasers [DR]  2:00 Farkel [AR]  4:00 Resident Social Hour [AR]  5:00 Saturday's Word Puzzle [AR]  6:55 Bingo [AR]	
Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30  Walk and Talk [OF]  11:00  Worship [CH]  12:15  Sunday Brain Puzzle [DR]  2:00  La Loteria "Spanish Bingo" [AR]  2:00  Rummikub [CL]  3:00  Wii Bowling [RO]  5:00  Fill in the Blank Word Puzzle [AR]  7:00  Mexican Train [BR]  7:00  Sunday Movie Night [CL]	10:00 Coffee Talk with Steve, Executive Director [DR]  10:00 Strength Exercise Program  11:00 Color Creations [AR]  11:30 Blood Pressure Clinic [AR]  2:00 Let's Give it a Whirl - Cooking [AR]  2:00 Penny Poker [BR]  3:15 3X Blackout Bingo [AR]  5:00 Solstice Senior Sudoku - \$100 Cool Cash when completed - [AR]  6:45 PYahtzee [AR]  7:00 Rummikub [BR]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions]  9:30 ♥ Walking Club [OF] 10:00 ♥ Stretch & Balance with Sara [AR] 12:00 ₱ Who am I? Clues # 1 [AR] 1:45 ♠ Shopping in Clovis 1:45 PM [BUS] 2:00 ♥ Bean Bag Baseball [RO] 3:00 ♥ Raffle Bingo [AR] 5:00 ♥ Cranium Crunches [AR] 7:00 ₱ Mexican Train [BR] 7:00 ♥ Solstice Cinemas [CL]	8:15  Breakfast at Ihop [BUS] 10:00  Bible Study [CH] 10:00  Chair Exercise Program [AR] 10:00  Knitting & Crochet Group [BR] 12:00  My Entertainment by Dave Pillow [RO] 3:00  My Wii Bowling [RO] 4:00  My Resident Social Hour [AR] 5:00  My Unscramble the Words [Puzzle] [AR] 7:00  My Wacky Wednesday Movie Night [CL]	Medical Appointments - Fresno/Clovis - 8:45 AM - 11:30 AM [Please see VLD Sara for any Questions] 8:45 ★ Catholic Communion [CH] 9:30 ❤ Walking Club [OF] 10:00 ₱ Horse Races [RO] 12:00 ❤ Music by Bob Brown [DR] 1:45 ♠ Shopping in Clovis 1:45 PM [BUS] 2:00 ❤ Left, Center, Right [AR] 3:00 ₱ Phase 10 with Sara [BR] 5:00 ₱ Word Builder [AR] 6:55 ❤ Bingo [AR]	9:30 Tai Chi with David [AR] 11:00 Water Coloring [AR] 12:15 Who am I? Answer! [DR] 2:00 Trivia with Sara [AR] 3:00 Lets Play Some Pool [BR] 5:00 Solstice Crossword [AR] 6:30 Card Games Resident Choice [AR] 7:00 Mexican Train [BR] 7:00 Movie & Popcorn [CL]	Socktober, Donate New Socks to help the Homeless of Fresno. Donation Box in Activity Room!  9:30 Walk & Talk [OF]  11:45 Candy Bingo [AR]  12:00 Turn in WordBuilder [AR]  12:15 Brain Teasers [DR]  2:00 Frarkel [AR]  3:00 Cell Phone Q&A with Sara [AR]  4:00 Resident Social Hour [AR]  5:00 Saturday's Word Puzzle [AR]  6:55 Bingo [AR]	
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